#### SERVICE MEETINGS

### Mendocino Coast Intergroup

2:00pm on 2nd Sunday of Each Month Hybrid @ Pacific Home Group 32341 N Harbor Dr, Fort Bragg www.mendocinocoastaa.com for Zoom Link

#### **CNCA District 14**

1:30pm on 3rd Sunday of Each Month
Hybrid @ Rotates Ft Bragg, Ukiah + Willits
Pacific Home Group
32341 N Harbor Dr, Fort Bragg, CA 95437
Ukiah Fellowship Hall
292 Seminary Ave, Ukiah, CA 95482
Saint Francis Church
66 East Commercial St, Willits CA 95450
www.mendocinocoastaa.com for Zoom Link

### **BUSINESS MEETINGS**

#### Pacific Home Group

10:15am on 1st Saturday of Each Month Hybrid @ Pacific Home Group 32341 N Harbor Dr, Fort Bragg www.mendocinocoastaa.com for Zoom Link Anyone is welcome to attend a meeting of Alcoholics Anonymous unless the meeting is specified as "CLOSED"

Closed meetings are open only to people who have a desire to stop drinking

# **NOTES/PHONE NUMBERS**

## **MEETING LOCATIONS**

Pacific Home Group: 32341 N Harbor Drive, Fort Bragg

<u>Cypress Village:</u> 39144 Cypress Way #4, Gualala [Above Physical Gym]

Pt Arena Dental Clinic: 175 Main Street, Point Arena Mendocino Community Center: 998 School Street, Mendocino

Saint Michael's Church: 201 E Fir Street, Fort Bragg <u>Mendo Coast Hospitality Center:</u> 101 N Franklin Street, Fort Bragg <u>Caspar Beach:</u> 14441 Point Cabrillo Dr, Mendocino

# ALCOHOLICS ANONYMOUS Meeting Directory Mendocino Coast

Updated: January 2024



Mendocino Coast Intergroup PO Box 1629, Fort Bragg, CA 95437 \*\*Meetings Subject to Change \*\*
www.mendocinocoastaa.com

24 HR HOTLINE: 1-877-546-9286

Access	Day	Time	Format	Location	City
Hybrid	SUN	9:30am	Discussion	Point Arena Dental Clinic	Point Arena
In-person	SUN	10:00am	Men's Meeting	Mendocino Community Center	Mendocino
In-person	SUN	10:30am	Pilot Group Spiritual	Pacific Home Group "PHG"	Fort Bragg
In-person	SUN	6:30pm	Big Book Favorites	Pacific Home Group "PHG"	Fort Bragg
In person	SUN	7:00pm	Sunday Night Discussion	Point Arena Dental Clinic	Point Arena
Virtual	MON	7:30am	Big Book Study	Cypress Village [Above Physical Gym]	Gualala
In-person	MON	8:00am	Daily Reflections	Pacific Home Group "PHG"	Fort Bragg
In-person	MON	12:00pm	Book Study	Pacific Home Group "PHG"	Fort Bragg
In-person	MON	5:00pm	Big Book Study	Cypress Village [Above Physical Gym]	Gualala
In-person	MON	6:30pm	Wheel of Recovery	Pacific Home Group "PHG"	Fort Bragg
In-person	MON	7:00pm	Reading Discussion	Mendocino Community Center	Mendocino
In-person	MON	8:00pm	Alcoholicos Anonimos Espanol	Pacific Home Group "PHG"	Fort Bragg
In person	TUES	6:30am	Morning Gratitude	Pacific Home Group "PHG"	Fort Bragg
Virtual	TUES	7:30am	Daily Reflections	Cypress Village [Above Physical Gym]	Gualala
In-person	TUES	8:00am	Daily Reflections	Pacific Home Group "PHG"	Fort Bragg
In-person	TUES	8:30am	Mid Morning Wake Up Group	St Michaels Church	Fort Bragg
In-person	TUES	11:00am	Hospitals + Institutions	Mendocino Coast Hospitality Center	Fort Bragg
In-person	TUES	12:00pm	12 + 12 Book Study	Pacific Home Group "PHG"	Fort Bragg
Hybrid	TUES	6:00pm	Men's Stag	St Michaels Church	Fort Bragg
In-person	TUES	6:30pm	Big Book Study	Pacific Home Group "PHG"	Fort Bragg
Virtual	TUES	8:00pm	Discussion	Cypress Village [Above Physical Gym]	Gualala
Virtual	WED	7:30am	Discussion	Cypress Village [Above Physical Gym]	Gualala
In-person	WED	8:00am	Daily Reflections	Pacific Home Group "PHG"	Fort Bragg
In-person	WED	11:00am	Keeping It Simple	Plateau Housing Complex	Fort Bragg
In-person	WED	12:00pm	Living Sober	Pacific Home Group "PHG"	Fort Bragg
In-person	WED	5:00pm	Mid-Week Gratitude	Cypress Village [Above Physical Gym]	Gualala
In-person	WED	5:00pm	Topic Discussion - Newcomers	Pacific Home Group "PHG"	Fort Bragg
In-person	WED	7:00pm	Speaker Discusssion	Mendocino Community Center	Mendocino
In-person	WED	8:00pm	Alcoholicos Anonimos Espanol	Pacific Home Group "PHG"	Fort Bragg
In-person	THURS	6:30am	PHG Meeting	Pacific Home Group "PHG"	Fort Bragg
In-person	THURS	8:00am	Daily Reflections	Pacific Home Group "PHG"	Fort Bragg
Hybrid	THURS	12:00pm	Women's Meeting	St Michaels Church	Fort Bragg
Virtual	THURS	5:00pm	Women's Meeting	Cypress Village [Above Physical Gym]	Gualala
In-person	THURS	5:00pm	Happy Hour	Pacific Home Group "PHG"	Fort Bragg
In-person	THURS	7:00pm	MENDYPAA Meeting	Pacific Home Group "PHG"	Fort Bragg
Virtual	FRI	7:30am	Attitude Adjustment	Cypress Village [Above Physical Gym]	Gualala
In-person	FRI	8:00am	Daily Reflections	Pacific Home Group "PHG"	Fort Bragg
In person	FRI	12:00pm	Your Week in Recovery	Pacific Home Group "PHG"	Fort Bragg
In-person	FRI	6:30pm	Beginners Meeting	Pacific Home Group "PHG"	Fort Bragg
In-person	FRI	6:30pm	Women's Meeting	St Michaels Church	Fort Bragg
Hybrid	FRI	8:00pm	Speaker Discusssion	Cypress Village [Above Physical Gym]	Gualala
In-person	SAT	9:00am	12 + 12 Book Study	Pacific Home Group "PHG"	Fort Bragg
In-person	SAT	12:00pm	Big Book Study	Pacific Home Group "PHG"	Fort Bragg
In-person	SAT	4:00pm	AA Free Thinkers	Pacific Home Group "PHG"	Fort Bragg
In-person	SAT	6:30pm	Topic Speaker/Birthday	Pacific Home Group "PHG"	Fort Bragg
Hybrid	SAT	6:30pm	Clean, Safe + Sober	St Michaels Church	Fort Bragg
In-person	SAT	8:00pm	Alcoholicos Anonimos Espanol	Pacific Home Group "PHG"	Fort Bragg